Attachment and bonding between a baby and their main caregivers

The mutual attachment between a child and their main caregivers ensures:

1. the baby remains safe and protected,
2. the baby is exposed to an environment that stimulates brain development.

The **baby** is vulnerable and dependent on the caregiver for protection, support and loving comfort.



The baby encourages the bond with the main caregiver by:

* Communicating their needs through noises and body language
* Responding positively to the caregiver’s nurture
* Inviting the caregiver to interact (e.g. touch, smiling, sharing)
* Watches for the caregiver’s reaction
* Signalling distress if the caregiver leaves the room.

Use what you have learnt about the caregiver’s role to suggest **how the caregiver encourages the relationship with the baby?**

The **caregiver** nurtures and cares for the baby, responding to its needs.