**WORKSHEET 2: Research notes**

**What can caregivers do to promote healthy brain development in the early years?**

Watch these videos. Use this space to note down practical tips for caregivers.

**Baby Talk** **Serve and return interactions**

<https://www.unicef.org/parenting/child-development/baby-talk-class> <https://www.albertafamilywellness.org/resources/video/serve-and-return>

Shape

Description automatically generated with low confidence

**A picture containing toy, doll, clipart

Description automatically generated**

****

**Playful Learning**  **Executive function and self-regulation**

**A picture containing text

Description automatically generated**<https://vimeo.com/505601316/cde3ca6023> <https://www.albertafamilywellness.org/resources/video/executive-function>