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**COMPASS - Communicating about Parental Mental Illness: a resource for health and social care professionals to support family-centred conversations**

**PARTICIPANT INFORMATION SHEET FOR PROFESSIONALS WITH TRAINING ROLE**

Central University Research Ethics Committee Reference: MS IDREC 2514356

**1. Introductory paragraph**

You are being invited to take part in a research project. Before you decide it is important for you to understand why the research is being done and what it will involve. Please read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether you wish to take part.

**2. Why is this research being conducted?**

Mental health problems affect 1 in 6 adults in England. Over half of those with a mental illness are parents with many having children aged under 18 years. Honest communication about parental mental illness has found to support psychological wellbeing and help families work together. Studies have found that parents want guidance from the professionals working with them (e.g. Nurse, Psychiatrist, Social Worker) around talking to their children about the illness. However, some professionals think it would be helpful to have more training to better help parents talk to their children about mental illness. This project aims to develop a training resource for mental health and social care professionals to help them support parents talk to their children about mental illness.

**3. Why have I been invited to take part?**

You have been invited to take part in this study as you are a professional with a role in the training of other members of your profession. We will hold individual interviews with up to 5 other people (called participants) who also have a role in the training of health and social care professionals. Participants will all have Social Care or NHS healthcare experience of working with parents who have a mental illness.

**4. Do I have to take part?**

No. It is up to you to decide whether to take part. You can withdraw yourself from the research, without giving a reason, and without negative consequences, by advising us of this decision. The deadline by which you can withdraw any information you have contributed to the research is once the data is no longer identifiable (approximately within 2 weeks of taking part in the study). If you decide to withdraw, any data that has already been collected will be deleted immediately.

## **5. What will happen to me if I take part in the research?**

1. You will take part in one interview that will last up to 1 hour and will take place online using Microsoft Teams. Before the interview a researcher will send you a link to an online consent form. This will be a series of statements that give you the option to tick 'Yes' or 'No'. One of the statements asks if you agree to be audio recorded using the function on Microsoft Teams. This is to make sure we accurately collect everyone's thoughts, experiences and recommendations. There is also a question asking if you want to be video recorded by putting your camera on during the interview. You're welcome to join the call without turning your camera on—you can still fully take part.
2. The audio recordings will be transcribed, removing any data which would identify any of the participants. Identifiable data from a video recording cannot be removed. Video and audio recordings will be deleted approximately 2 weeks after the interviews have taken place. Only the study team will have access to the recordings and the transcripts.
3. During the interview you will be asked what you think the key attributes are for the new resource for mental health and social care professionals. Topics will include your opinions about the most applicable, feasible, and appropriate format of a resource to engage professionals in this training to facilitate family-focused conversations.

## **6. What are the possible disadvantages and risks in taking part?**

The interview may take up to one hour of your time.

## **7. Are there any benefits in taking part?**

You will receive no direct benefit from taking part in this study. However, we hope the findings from the study will help professionals communicate with families about talking to children about parental mental illness. Research has found that effective communication can help children and families cope with the challenges of a mental illness.

## **8. What information will be collected and why is the collection of this information relevant for achieving the research objectives?**

We are interested in your experiences of training other members of your profession, including different strategies and materials that have successfully contributed to learning objectives. The information you provide will help us develop an effective resource for professionals to facilitate family-centred conversations.

The research team will collect and have access to two types of data; personal data and research data. These data will be stored on secure servers at the University of Oxford. Research data and personal data will be stored separately on the server, in different folders with restricted access. Personal data will not be stored alongside research data.

Personal data includes your contact details and consent form. Your ethnicity is called Special Category data. This information will help us ensure our research reflects the diversity of professionals working in training roles. These will be stored for 5 years and then will be destroyed.

Research data includes audio and video recordings, and transcripts. We would like to audio record discussions to get an accurate record of the ideas shared during the call. At this point participants could be identified as the research data will contain participants' voices. If you choose to keep your camera on during the interview you will also be identifiable. However, the audio files will be written up (transcribed) as soon as possible (within 2 weeks) and any identifiable information such as names and places will be removed. The audio and video files will then be destroyed. The pseudonymised transcripts will be stored as a Word file. Pseudonymisation means any personal or identifying details are removed, but the message participants are trying to convey remains.

Each participant will be given a unique participant number; research data will use this number (not your name). The number for each participant will be entered onto a password protected Excel spreadsheet which links the numbers to names. This linkage Excel spreadsheet will be destroyed when it is no longer needed.

All non-identifiable research data will be stored for 3 years after publication or public release of the research.

#### **9. Will the research be published? Could I be identified from any publications or other research outputs?**

The findings from the research will be written up in academic publications and presented at relevant conferences. Summaries will also be posted on the team's pages on the University of Oxford Department of Psychiatry's website. You will not be identifiable in any of these instances, and your details will remain strictly confidential. We would like your permission to use direct quotations but without identifying you in any research outputs. This is optional and does not affect your participation in the study.

#### **10. Data Protection**

The University of Oxford is the data controller with respect to your personal data, and as such will determine how your personal data is used in the research. The University will process your personal data for the purpose of the research outlined above. Research is a task that is performed in the public interest. Further information about your rights with respect to your personal data is available from the University's Information Compliance website at <https://compliance.admin.ox.ac.uk/individual-rights>.

#### **11. Who is funding the research?**

This study has received funding from the National Institute for Health and Care Research (NIHR) Research for Patient Benefit (RfPB) programme.

#### **12. Who has reviewed this research?**

This research has received favourable opinion from a subcommittee of the University of Oxford Central University Research Ethics Committee (Ethics reference: MS IDREC 2514356).

#### **13. Who do I contact if I have a concern about the research or I wish to complain?**

If you have a concern about any aspect of this research, please contact Professor Elizabeth Rapa, 01865 618 271, [elizabeth.rapa@psych.ox.ac.uk](mailto:elizabeth.rapa@psych.ox.ac.uk), and they will do their best to answer your query. They will acknowledge your concern within 10 working days and give you an indication of how it will be dealt with. If you remain unhappy or wish to make a formal complaint, please contact the University

of Oxford Research Governance, Ethics & Assurance (RGEA) team at [rgea.complaints@admin.ox.ac.uk](mailto:rgea.complaints@admin.ox.ac.uk) or on +44 (0)1865 616480.

#### **14. Further Information and Contact Details**

If you would like to discuss the research with someone beforehand (or if you have questions afterwards), please contact:

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