Multiple Choice Questions: *(Correct responses are highlighted in* ***bold****)*

1. **What is the name of nerve cells in the brain?**

A) Axons

B) Epithelial cells

**C) Neurons**

D) Lymphocytes

E) I don’t know.

1. **Which of the following is the best definition of neuroplasticity?**
2. The brain changes in size as a child grows.
3. The fixed structure of the brain during a person's life, which is not changed by their experiences.
4. Different parts of the brain are responsible for different functions, tasks or skills.
5. **The brain’s ability to change and grow during a person's life because of their experiences.**
6. I don't know.

## How do experiences shape the structure of the developing brain? Select all the answers that are correct.

1. They increase the number of neurons in the brain.
2. **They influence which neural connections are strengthened and which are pruned away.**
3. They decrease the number of connections between neurons.
4. **They increase the number of connections between neurons.**
5. I don't know.

## Why is it important for a caregiver to communicate and respond to their child with their voice, eye contact or touch? Select all the answers that are correct.

1. **It helps the baby's brain to develop and grow.**
2. **It develops the relationship between the child and caregiver.**
3. **It helps the baby to learn how to concentrate.**
4. **It helps the baby to learn about how to take turns.**
5. I don't know.

## When do children start playing a role in conversations?

1. When they are old enough to make recognisable words.
2. **From birth.**
3. When they can speak in whole sentences.
4. When they start to make babbling sounds (mamama or dada or bububu).
5. I don't know.
6. **How should a caregiver speak to a baby? Select all the answers that are correct.**

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1. They should speak fast.
2. **They should exaggerate their facial expressions (make their facial expressions very clear and obvious).**
3. **They should use a sing-song tone of voice.**
4. They should make their speech as complicated as possible.
5. **They should keep repeating the same words.**
6. I don't know.

## At what age do you think a child's brain is developing fastest?

1. **Start of pregnancy to 2 years**
2. 3 - 5 years
3. 6 - 10 years
4. 11 - 15 years
5. Develops evenly throughout childhood until adulthood
6. I don’t know.
7. **Which of the following affects how children develop during their first 5 years of life?**
8. A child’s genes.
9. A child’s environment (where they live, who looks after them and their everyday experiences).
10. **A combination of both their genes and environment.**
11. Neither their genes nor their environment.
12. I don’t know.
13. **When is the brain most sensitive to experiences?**
14. 0 - 5 years
15. **0 - 5 years and 11 - 25 years**
16. 0 - 5 years and 10 - 15 years
17. 0 - 25 years
18. Throughout life
19. I don’t know.
20. **Which of the following has/ have an impact on an individual's resilience? Select all the answers that are correct.**
21. **Their genes.**
22. **The number of people that can support them.**
23. **The number of difficult situations they experience.**
24. **Having a safe learning environment.**
25. I don't know.