

### WHO IS RUNNING THE PROJECT?

- A team from the University of Oxford's Psychiatry Department. We are a part of the Child and Adolescent Psychiatry research group.



### WHY IS THIS TOPIC IMPORTANT?

- The early years (0 – 5) is a critically important period for development.
- This period significantly influences a child's long-term health, well-being, learning and earnings potential.
- It provides the foundation for children's emerging emotional wellbeing, resilience and adaptability.

### WHAT WILL MY CHILD LEARN ABOUT?

#### Lesson 1: Brain development in the early years

Brain architecture  
Genes and environment  
Neuroplasticity  
Sensitive periods

#### Lesson 2: Caregivers and the early years

Responsive interactions  
Playful learning  
Baby talk

#### Lesson 3: Brain development throughout life

Long term outcomes  
Promoting resilience  
Early years are important but not deterministic

### WHERE CAN I GO IF I WANT TO FIND OUT MORE?



- The [Oxford Brain Story](#)
- BBC Education's [Tiny Happy People](#)
- UNICEF [brain development](#)
- [Brain matters](#)
- The NHS's [Healthier Together](#)



click the links or type into a search engine.